

Modes of intervention

The use of a combination of medical , social ,educational and vocational measures to help a person reach their highest level of functional ability .

Modes of intervention -

- 1. Health promotion
- 2. Specific protection
- 3. Early diagnosis and treatment
- 4. Disability limitation
- 5. Rehabilitation

1 . **Health promotion:** Health education , Environmental modification , Nutritional interventions and lifestyle and behavioural changes.

b) **Specific protection:** Immunization and sero-prophylaxis, chemo-prophylaxis, specific nutrients and supplements, protection against occupational hazards, safety of drugs and foods.

control of environmental hazards, avoidance of taking up smoking, the use of seat belts and other.

What are the host defenses ?

Host defenses that protect the body against infection include .

- 1 .Natural barriers** (e .g , skin, mucous membranes) .
- 2 . Nonspecific (innate) immune responses** (e .g , phagocytic cells [neutrophils, macrophages] and their products) .
- 3 . Specific (adaptive) immune responses** (e .g, antibodies, B and T lymphocytes) .