

Department :- Ayurved Samhita &  
Siddhant

Topic :- Karma Vigyan

## NIRUKTI

क्रियते इति कर्म । द्र.गु.क

- The factor responsible for the action of drug is Karma.

## DEFINITION

संयोगे च विभागे च कारणं द्रव्यमाश्रितम् ।  
कर्तव्यस्य क्रिया कर्म कर्म नान्यदपेक्षते ॥५२॥Ch.Su.1

- The inherent relation factor in drug which is responsible for association (Samyog) and disassociation (Viyog) is termed as Karma.

क्रिया लक्षणं कर्म ।र.वै. १/१७१

- According to Bhadant Nagarjuna Action/ therapeutic action that is seen is karma eg- vaman, virechan etc

# KARMA SWAROOPA

यत् कुर्वन्ति, तत् कर्म| Ch.Su.26

- Karma is cause of Kriya is effect  
प्रयत्नादि कर्म चेष्टितमुच्यते ||४९||Ch.Su.1
- Prayatna, Chetna are the actions, event vaman, virechan are also said as karma.
- In this context Acharya Sushruta considered Urdhvabhaghar, Adhobhaghar, Ubhayabhaghar, Peedan, Depan, Bruhan, Lekhan, Rasayan, Vajikaran, vilayan, Daran, etc as action of Virya-Karma based on Virya.
- In Vaisheshik Darshan Utkshepan, Apkshepa, Unmesh, Nimesh, Akuchan, Prasaran, Gaman etc are considered as Karma.



# KARMA PRAKAR

- Drug action generally stated by-
  - Dravya Prabhava- Property of Drug
  - Guna Prabhava- Property of Drug Constituents
  - Dravya Guna Prabhava- Properties of Both
- The above cant state the action so karma can divide in following 5 categories-
  - Shodhan- Shaman
  - Samanya- Vishishta
  - Antha parimarjan- Bahi parimarjan
  - Sthanik- Sarvadehik
  - Mukhya- Gouna



# MODALITY OF KARMA

- Drug action is assessed by effect on Dosha, Dhatu, Mala, Strotas and other body components.
- Vriddhi-Kshya on Dhatu; Shaman-Kopan on Dosha; Chedan, Bhedan etc on Strotas; Hridya, Balya, Shukral etc on body components.
- Action and effect of Drug are used as synonyms but in term- Action of Drug is drug- cell interaction and Effect of Drug is all that is seen
- Acharya Charaka explained karma/ Drug action in simple following way-
  - यत् कुर्वन्ति, तत् कर्म- Karma- Action of Drug or perform particular action, eg- Shirovirechan
  - येन कुर्वन्ति, तद्वीर्य- Virya- Means of performing action/ potency of drug, eg- Ushna
  - यत्र कुर्वन्ति, तदधिकरण- Adhikaran- Site of Action, Eg- Shira
  - यदा कुर्वन्ति, स कालः- Kaal- Time for Drug action- Bioavailability, Eg- Different Seasos and time of use
  - यथा कुर्वन्ति, स उपायः- Upaya- Mode of action/ particular activity through specific pathway, Eg- Position of patient etc
  - यत् साधयन्ति, तत् फलम् :- Result of Drug action, effect all over body (specific therapeutic effect), Eg- Relief from disorders

# DIFFERENT KARMA STUDY

## ◉ Deepana-

पच्येन्नामं वह्निं कृच्च दीपनं तद्यथा मिशिः। शा.सं.पू.४

- The karma in which Agni will enhanced or stimulated, here agni means Jatharagni, Bhutagni and Dhatwaagni.
- Sushruta coated Agni bhuta predominance in Deepaniya drugs while other coated Vayu predominance.
- Charka coated deepaniya gana-  
पिप्पलीपिप्पलीमूलचव्यचित्रकशङ्खवेराम्लवेतसमरिचाजमोदाभल्लातकास्थि  
हिङ्गुनिर्यासा इति दशेमानि दीपनीयानि भवन्ति

## ◉ Pachana

पचत्यामं न वह्निं च कुयाद्यत्तद्धि पाचनम् । नागकेशरवत्  
विद्यात् ।शा.सं.पू.४

- The drugs which digest aam and not stimulates agni are pachana
- Arudatta coated that pachaa enhances digestion
- Sushruta coated Aampachak, Doshapachak and Pachaka gana
- These drugs have Agnni bhuta predomient



## ○ **Sashodhan-**

- The Karma in which Mala as well as Doshas are expelled out of the body is termed as Sanshodhan
- Acharya Charaka considered shodhan as 4 type- Vamana, Virechan, Shirovirechan and Niruha basti
- Dalhan includes only Vaman and Virechana in Dehashodhan
- Sushruta coated KaphaShodhan (Urdhvabaghar), Pittashodhan (Adhobaghar), Kapha-Pitta shodhan (Ubhyabaghar) and Nasya
- Laghu vagbhatta considered all panchakarma in shodhan.

## ○ **Sanshaman-**

- The karma in which doshas are pacified inside body without expelling them.
- According to Sushruta drugs of Akasha Mahabhuta and he had divided and coated 3 Vargas – Vatashaman, Pittashaman, and Kaphashaman



## ○ Anuloman-

- The karma in which drug will do malapka and removes Bandha to expel Mala from downwards is Anuloman
- Acharya Sushruta coated that anuloman is done by the Sara guna in which vata and mala are expelled out.
- Along with anuloman Sara guna performs Vatapravartak, Malapravartak and Pittavardhan.
- The utility of Anuloman is in – Atisaar, Gulma, Agnimandya, Ajirna, Udavarta, Anaha.

## ○ Sansran-

- The karma in which apakva Mala stick in koshta are expelled out.
- In sansran Malapaka is not seen
- Eg- Aragvadh





## ○ Bhedan-

- The action in which Baddha and Abaddha mala expels out is bhedan, eg Katuki
- Charaka had given bhedan gana

सुवहार्कोरुबुकाग्निमुखीचित्राचित्रकचिरबिल्वशङ्खिनीशकुलादनीस्व  
र्णक्षीरिण्य इति दर्शमानि भेदनीयानि भवन्ति

- Sushruta coated Shyamadi gana as Vibhedi.

## ○ Rechan-

- The action in which liquified Pakawa- Apakwa Mala and Dosha expels out is Rechana, Eg- Trivritta
- This drugs have Tikshna, Ushna, Sukshma, Vyavayi guna predominance
- Prithvi and jala bhuta predominance


## ○ Chedan-

- The action in which Doshas and Malas are punctured and destroys known as Chedan, eg- Maricha
- Generally Chedan is seen on Kapha, Kala, and Mamsa meda
- Amla, Lavana, Katu rasa, Tikshana guna will have chedan action

## ○ Lekhan-

- The action in which Dhatu- Mala are scraped out is lekhan, Eg- Vacha
- These are Vayu and Agni bhuta predominance
- The action is seen on Kapha and Meda
- In surgery lekhan is seen on skin, Mamsa etc

## ○ Grahi

- The drugs which acts as Deepan and Pachan and absorbs fluid from body are Grahi, E- Jiraka
  - These drugs are Vayu and Prithvu bhuta predominance
  - Vayu is responsible for Drava Shoshana
  - Sharangdhar considered Ushna Virya for Dravashoshana, Adhamala commented that Grahi dravya are of 2 type Pakwa grahi and Aam grahi
  - Pakwa grahi have Shita virya and stops the expulsion, whereas Aamgrrrahi are ushna virya which has dravashosana action.
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## ○ **Stambhana-**

- The drugs that prevents expulsion of fluids and mala from upward and downwards direction is stambhan, Eg- Vatsak, Tuntuk
- These drugs are of Sheta virya
- Stambhan action is done by aggrivating vata through shita, Ruksha guna, Kashaya rasa and Laghu paka.

## ○ **Madkari**

- The drugs due to tamo guna affects the senses and generated Mada are Madkari, Eg- Sura
- The drugs will affect Oja by Ushna, Tikshna, Vyavayi, Ashukari, Tikshna, Ushna guna.

## ○ **Pramathi**

- the drugs due to its ushna virya Churn out Mala and Doshas from minute strotas are called as pramathi
- Eg- Maricha



## ○ **Abhishyandi-**

- The drugs due to Picchila and guru guna causes obstruction in Rasavaha Sira are Abhishyandi, Eg- Dadhi
- It provides Kledan to Dhatu, Mala, Dosha and Strotas
- Chakrapani coated that Abhishyandi will destroy the dosha sanghata.

## ○ **Vyavayi-**

- The drugs that first spreads all over the body and the undergoes paka are Vyavayi, Eg- Bhang, Ahiphena
- These are vayu bhuta predominance and goes Agni paka

## ○ **Vikashi-**

- The drugs that separates oja from Dhatu and results in Sandhibandha Moksha are Vikashi, Eg- Kodrava
- It is result of tikshna guna



## ○ Rasayan-

- According to Acharya Charaka Rasayan imparts Youth, Dehabala, brings dhatu in good quality, indriya bala, Ayu, Medha, Smriti etc
- Rasayana can be used according to requirement- Medya rasayan, Doshaghna rasayan, Netrya Raasayan etc

## ○ Vajikaran-

- Drugs that have aphrodisiac activity, produces libido, orgasm in male and female
- They improves shukra, generates shukra, shukra stambhak, Shukra rechaka
- Used in management of Rajo dosha

## ○ Jivaniya-

- The drugs that are essential for maintenance of life
- The drugs holds life
- Charaka coated Jivaniya gana

जीवकर्षभकौ मेदा महामेदा काकोली क्षीरकाकोली मुद्गपर्णीमाषपर्ण्यौ  
जीवन्ती मधुकमिति दशेमानि जीवनीयानि भवन्ति

## ○ Balya-

- The drugs that provide strength to the body, increases strength of dhatu, sleshma and oja
- Charaka coated Balya Kashaya  
ऐन्द्रयषभ्यतिरसर्ष्यप्रोक्तापयस्याश्वगन्धास्थिरारोहिणीबलातिबला इति दशेमा  
नि बल्यानि भवन्ति

## ○ Bruhana-

- The drug that provides bulk and strength to the dhatu specially Mamsa
- It provides nourishment and good muscular tone
- Charaka coated Brihaniya kashaya  
क्षीरिणी राजक्षवकाश्वगन्धाकाकोलीक्षीरकाकोलीवाट्यायनीभद्रौदनीभारद्वाजीप  
यस्यर्ष्यगन्धा इति दशेमानि बृहणीयानि भवन्ति

## ○ Langhana-

- The action in which laghutva is generated in the body by emaciation of the dhatu
- It is opposite of Brihana

## ○ Medya-

- The drug that boosts intelligence and give strength to memory, enhances the Dhi, dhruti and Smriti
- Acharya Charaka coated 4 Medya Rasayan – Guduchi, Shankhpuspi, Mandukparni and Yashtimadhu.