



Department :- Ayurved Samhita &  
Siddhant

Topic :- Diagnostic Approach to  
Grahani Roga

## Introduction

- Grahani roga is a chronic disease vividly explained in our classics which refers to disease which occurs in grahani due to vitiation of Agni. Grahani roga is the prime disease of gastrointestinal tract among which are most often found in our day to day practices.
- Grahani roga is included in eight major disease which is hard to diagnose and difficult to cure.
- Grahani and Agni are having Adhara adheya sambandha. Jatharagni rules the process of digestion supported by the three dosas. Grahani is a disease due to chronic imbalance of the three dosas which impacts the function of jatharagni.

## Aims and objective :



- To make a diagnostic approach to Grahani roga with the help of generalised features, clinical features and mala pariksha.
- To differentiate different types of Grahani Roga.

## Materials and methods

- Material has been collected from ancient ayurvedic texts, research journals and electronic database.
- In this article efforts have been made to collect various scattered data related to Grahani roga and to diagnose the disease easily



## Causes of Grahani Roga:



NIDAN

Vitiation of Agni

Can't digest even little amount of food

Undigested food gets fermented

PRISTHA KATI GRAHA

NEERJA

VISTAMBHA

SADMA

SHIR  
RUKA

MURCHA

BHRAMA

JRIMBHA

TRISHNA

JWARA

CHARDI

PRAVAHANA

AROCHAKA

AVIPAKA

GHORA ANNA VISA

VATA  
Vataja  
Roga

PITTA  
Daha  
Trishna  
Mukha roga

KAPHA  
Rajayakshma  
Bipasa

DHATU

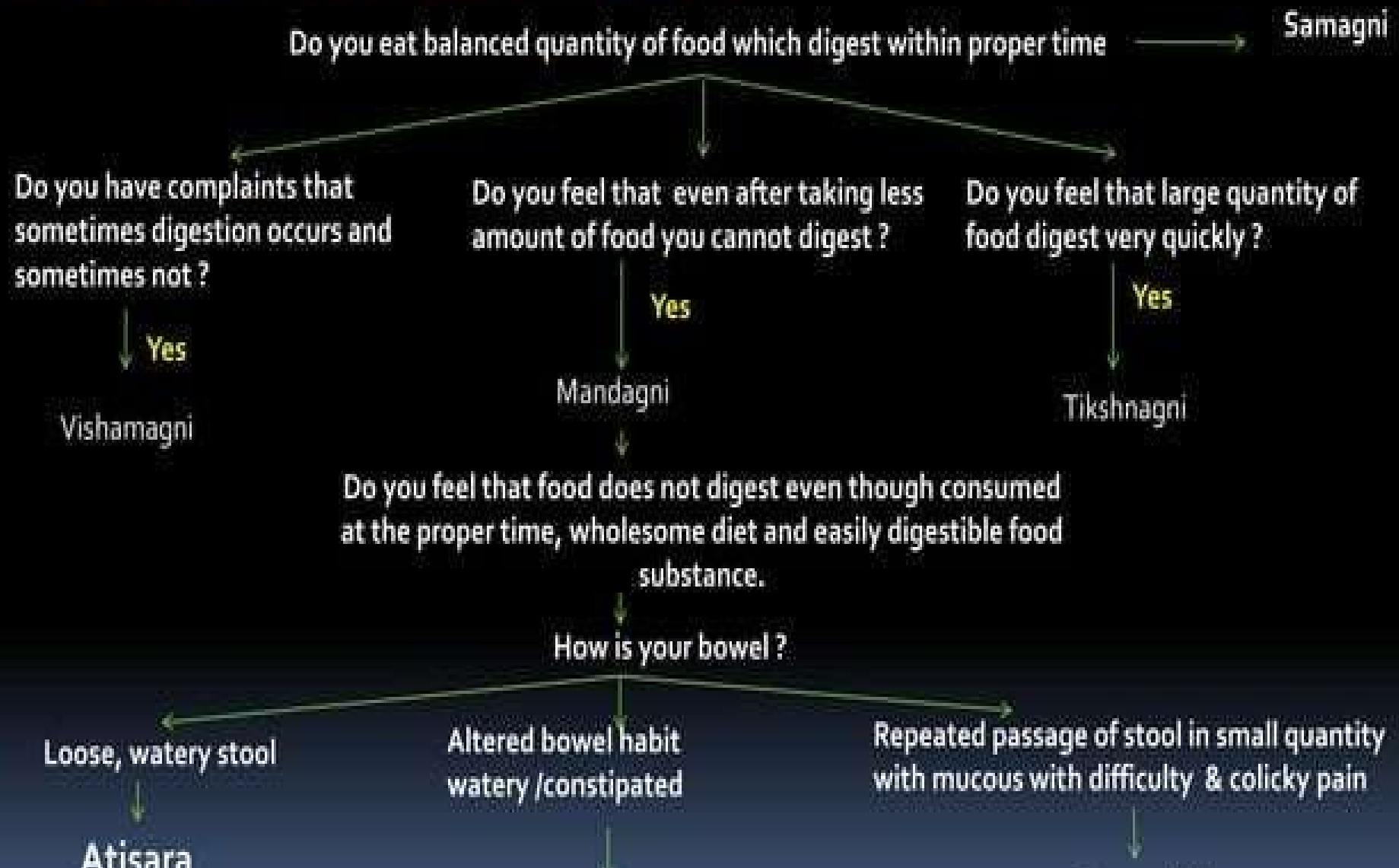
MUTRA  
Mutra

SAKRIT  
Kukshigata

## Grahani Roga is a chronic disease:



## Flow chart to diagnose Grahani Roga:





## || Cardinal features of Grahaniroga

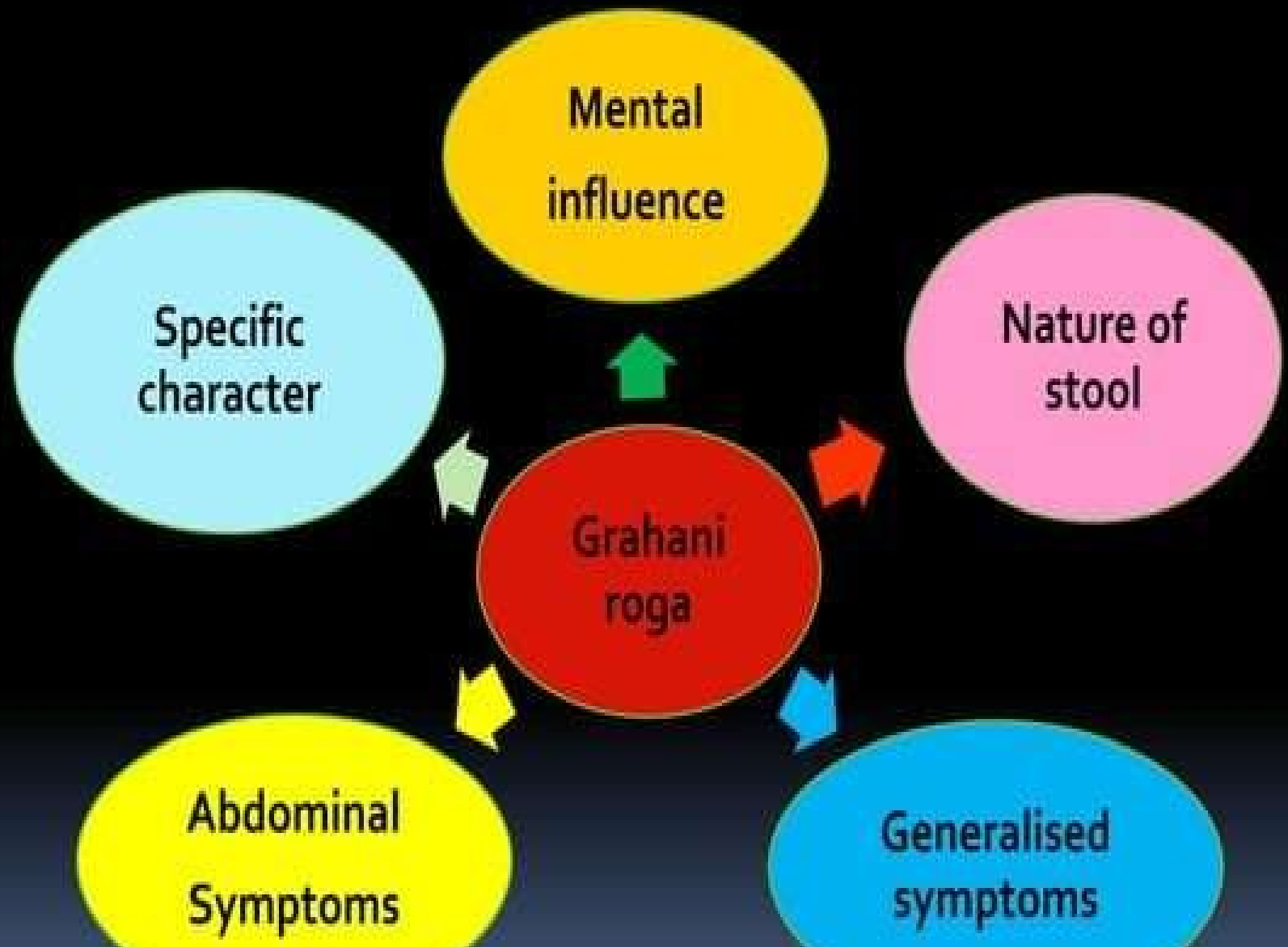
अतिसृष्टं विबद्धं वा द्रवं तदुपदिश्यते ।

(Ch.Chi.15/53)

पक्वं वा सरुजं पूति मुहुर्बद्धं मुहुर्द्रवम् ।

ग्रणीरोगमाहुस्तमायुर्वेदविदो जनाः ।।

Su. Utt/ 40/172



	VATAJA GRAHANI ROGA	PITTAJA GRAHANI ROGA	KAPHAJA GRAHANI ROGA	SANNIP ATIK	SANGRAHANI	GHATIYANTRA GRAHANI
SPECIFIC CHARACTER	flatulence after and during digestion	Foetid and sour eructation	heavyness and stillness of abdomen		disease aggravates during day time and pacifies in night time, disease repeats once in 15 days, 30 days, 10 days or once in a day	Produces sound while passing stool like pouring water out of a pot
GENERALISE D SYMPTOMS	Roughness in body, Dryness of throat and mouth, hunger, thirst, blurred vision, tinnitus, pain in chest- thigh-pelvic – neck region, emaciation, weakness	Indigestion, Anorexia, Thirst, Foetid and sour eructation, Burning sensation in the cardiac region and throat, guda- parswa-udara-	Nausea, Vomiting, Anorexia, sliminess and sweetishness of mouth, cough, rhinitis, sweetish eructations having foul smell, general debility, lack of desire towards women. weakness		Lassitude, debility, general malaise, low back ache	Excessive sleep, pain in side of chest

	VATAJA GRAHANI ROGA	PITTAJA GRAHANI ROGA	KAPHAJA GRAHANI ROGA	SANNIPATIK	SANGRAHANI	GHATIYANTRA GRAHANI
ABDOMINAL SYMPTOMS	Food digest with difficulty, suktapaka, visuchika		Food digest with difficulty		Intestinal gurgling	
CHARACTER OF STOOL	Passes stool with difficulty that is liquid mixed with hard stool, froathy, undigested repeatedly	Watery, undigested, bluish, yellowish, or yellow in colour	Stool not well formed but broken into pieces, mixed with Ama and mucous and are heavy		Watery, cold, solid , slimminess, unctuous with Ama, froathy and passed with sound	Produces sound while passing stool like pouring water out of a pot

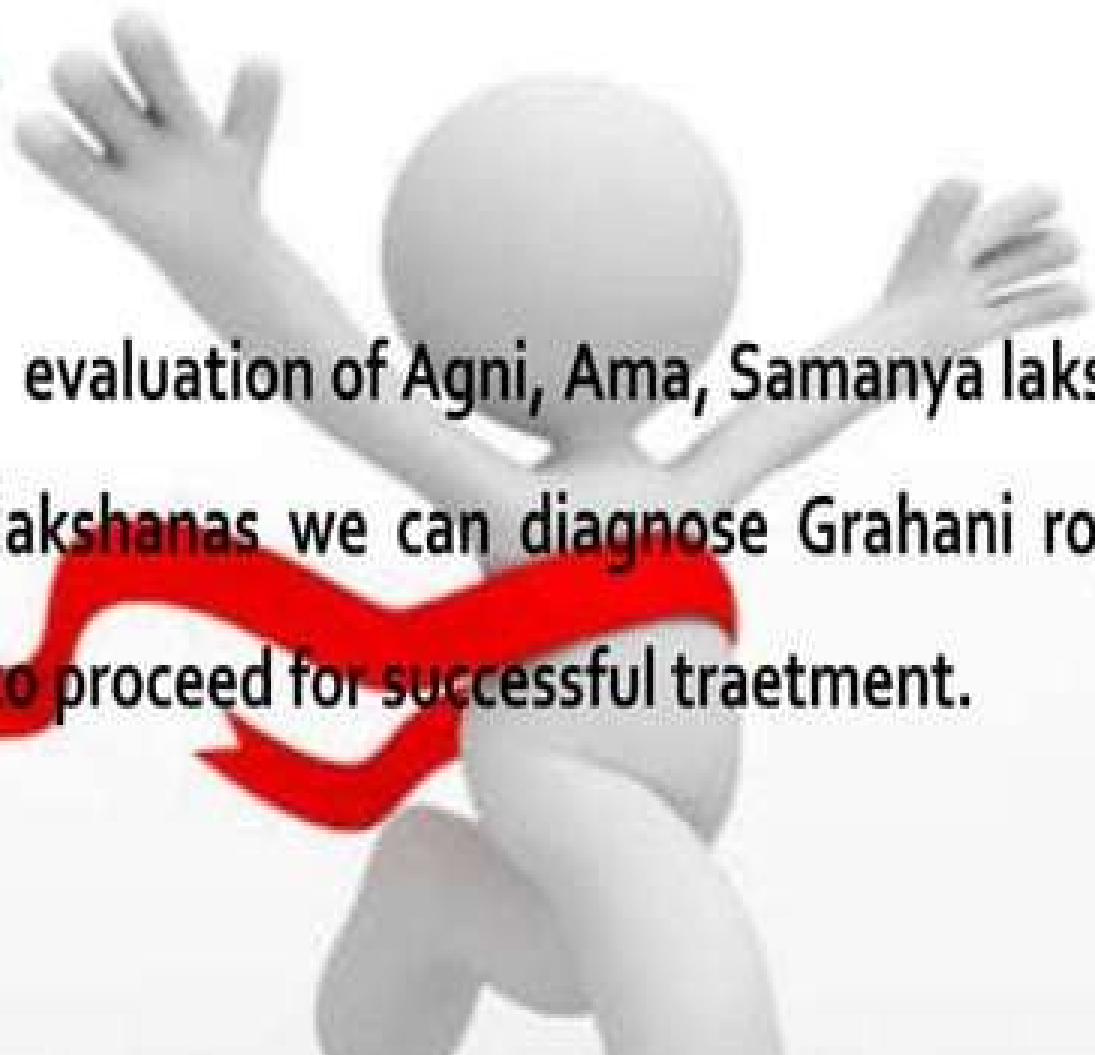
## Discussion

- Has the patient complaints of Grahani dosa lakshanas?
- If yes what type of Grahani dosaja symptoms?
- Did the patient suffer any of the purvarupa before the manifestation of clinical features of grahani like *trishna*, *alasya*, *balakshaya*, *vidaha*, *aruchi*, etc
- *Does the patient present with the cardinal features of Grahani roga "muhur badham muhur dravam".*
- *Try to find out its type with their cardinal features, abdominal features, nature of stool and generalised symptoms.*
- Does the patient have Ajeerna for longer duration?
- *After considering the above questionnaire we may proceed to make principles of treatment with analysis of Asthavidha, Dashavidha etc Rogi Pariksha and then we can plan for treatment*



## Conclusion

- After proper evaluation of Agni, Ama, Samanya lakshana and visista lakshanas we can diagnose Grahani roga in proper way to proceed for successful treatment.



## Reference:

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“If you try and fail don’t fail to try”

**THANK YOU**