

Department :- Ayurved Samhita & Siddhant

Topic: Ayurveda Darshan Nirupana



Darshana?

दृश्यते अनेन ईति दर्शनम्

It is a tool ,media or instrument from which truth can be perceived.





We can consider Ayurveda as prior to *Darshanas* . It evolved later on earth for the benefit of mankind. *Darshan* means seeing the world in one view and knowing that all matter in this world are constituted by same basic element.



दर्शयती साक्षात करिख्याती इति दर्शन।

- The *shastra* that shows the principal according to that *origine* are known as *darshan*. *Shatdarshana* are popular in *indian* culture and ancients have explain different *darshana* are as follows
- 1. According to संमती तर्क-363
- 2. According to सर्वसंग्रहमत -9
- 3. According to अग्निपुराण- 11
- 4. According to महाकवी राजशेखर -7
- 5. According to षडदर्शन -6



उत्पत्ती

- The main aim of *darshan uttpati* is the gaining of *sukhasamanya* and *nivrutti* of *dukha samanya*. this desire give birth to *darshan* Dr Bhagawandas told that *darshan* as such sadhan which give gaining of both type of *sukha*.
- 1. सांसारिक
- 2. पारलौकिक



षडदर्शन

- The every substance is having its own *prayojan*. In the process of searching this *prayojan* is *vishesha* knowledge, that knowledge is called the real knowledge of that substance.
- १. महर्षि कपिल- सांख्य दर्शन
- २. महर्षि पतंजली- योग दर्शन
- ३. महर्षि जैमिनी- मिमांसा दर्शन
- ४. महर्षि व्यास- वेदान्त दर्शन
- ५. महर्षि कणाद- वैशेषिक दर्शन
- ६. महर्षि गौतम -न्याय दर्शन



Types of Darshanas

1. ASTIKA

2. NASTIKA

➤ This can be decided on the basis of पौरुषेय and अपौरुषेय



दर्शन

आस्तिक दर्शन

नास्तिक दर्शन

आस्तिक
नास्तिक दर्शन

दर्शन

आस्तिक

नास्तिक

सांख्य

योग

न्याय

वैशेषिक

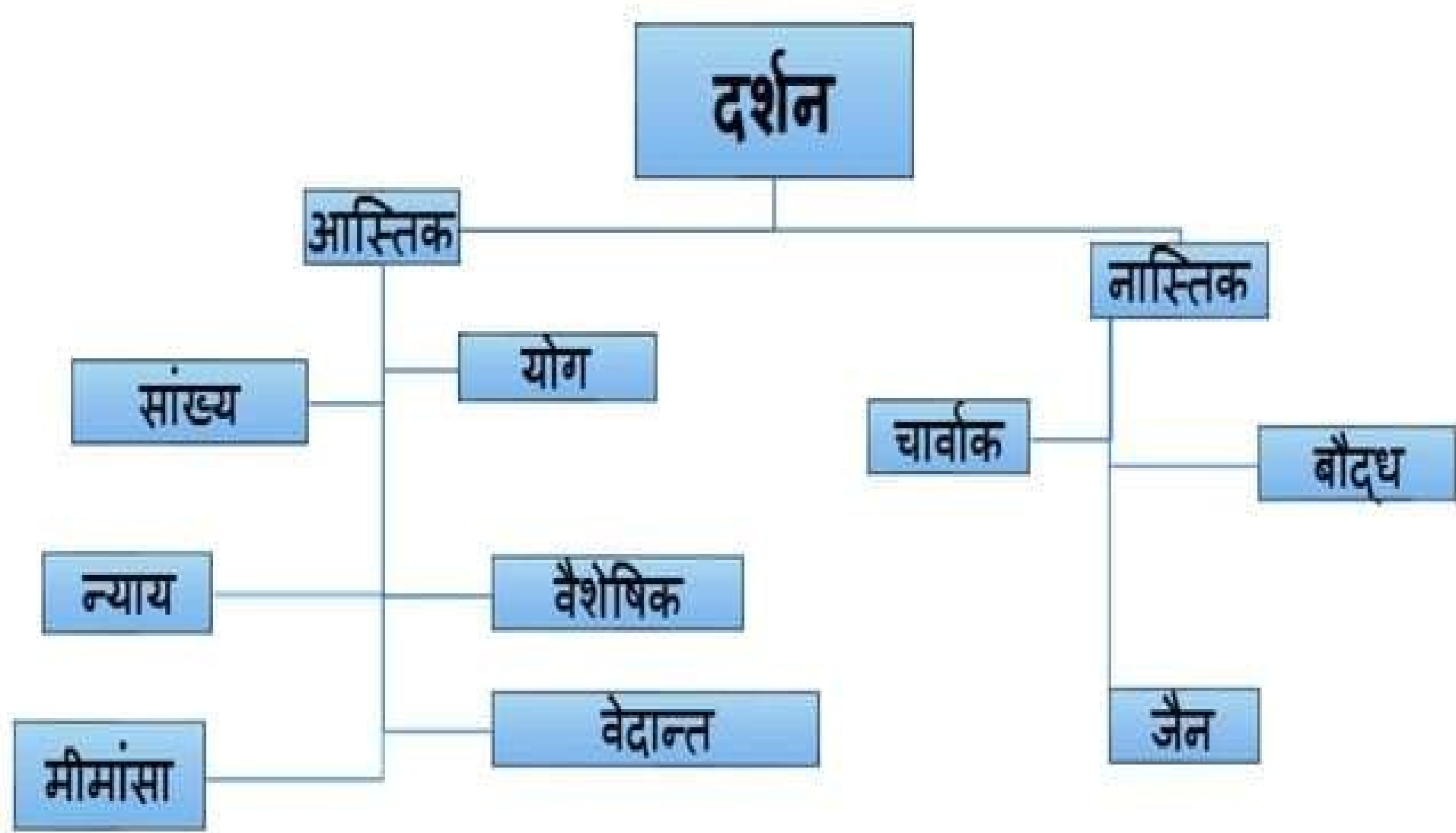
मीमांसा

वेदान्त

चार्वाक

बौद्ध

जैन





शासनात् शशनात् शास्त्रम् इत्यभिधीयते ।

शासन is the art of giving order and शंशन is the art of advice

Darshan Shastra is शंशन i.e art of Advice

But Ayurveda “शासन शंशन” both i.e it gives Advice and Order both.

So Ayurveda is a complete Darshana.



Ayurveda - An Independent Philosophy

Goal Of
Darshana

- Dukha Nivrutti
- Moksha prapti

त्रिविध दुख निवृत्ति

Goal Of
Ayurveda

- Arogya Prapti
- Purusharth Chatustya
- Moksha Prapti

धर्मार्थकाममोक्षाणामारोग्यं मूलमुत्तमम्



Goal Of Darshana

- Main focus on Atma

आत्मा अरेवा दृष्टव्यः

Goal Of Ayurveda

- Main focus is on Sharir ,Indriya Satva ,Atma i.e Ayu

शरीरेन्द्रियसत्त्वात्मः

सत्त्वमात्मा शरीरं च त्रयमेतत्

स पुमांश्चेतनं तच्च

Sarva Parishad Shastra

यत्तः सर्वपारिषदमिदं शास्त्रं, तेनायुर्वेद न पूर्वापरविरोधमावहतीत्यर्थः।





Impact of Darshana

- **Shristi Utapatti krama**
- **Satpadarth**
- **Satkaryavad**
- **Parmanuvad**
- **Praman**
- **Karya karanyada**
- **Triguna**
- **Bhotikatva of indriyas**
- **Concept of mind and soul**



Conclusion

- *Darshanas* are instrumental in better understanding of *Ayurveda*
- *Ayurveda* and *Darshanas* have similar principles.
- The aim of *Ayurveda* is *Chikitsaa* and of *Darshanas* is *Moksha*.
- The ultimate aim of *Darshana* can be achieved with the help of *Ayurveda*.
- *Ayurveda* and *Darshana* go hand in hand.



• *Thank You*