



Vayobhed (classification of age)

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Vaya Vargikaran

Acharya Kashyap-

- गर्भबालकुमाराख्यमित्येतस्त्रिविधं वयः ।

यौवनं मध्यमं वृद्धमेतच्च त्रिविधं पुनः । K. S. Khi. 3

- ✓ Garbha – From intra uterine phase till delivery
- ✓ Bala – Upto one year after birth (Ksheerapa)
- ✓ Kumara – 1-16 years
- ✓ Youvana – 17- 34 Years
- ✓ Madhyama – 35-70 Years
- ✓ Vardhakya – Above 70 Years upto death

Cont..

Acharya Sushrut-

वयस्तु त्रिविधं बाल्यं, मध्यं, वृद्धमिति । तत्रोनषोडशवर्षीया बालाः । ते त्रिविधाः क्षीरपाः, क्षीरान्नादा, अन्नादा इति । तेषु संवत्सरपराः क्षीरपाः, द्विसंवत्सरपराः क्षीरान्नादाः, परतोऽन्नादा इति । (सु.सू. ३५ / २९)

- **Balya** - upto 16 years
 - a) Ksheerapa - upto 1 year(milk)
 - b) Ksheerannada – 1-2 years (milk+ solids)
 - c) Annada -2-16 years (solid food only)
- **Madhyama** - 16-70
- **Vridha** more than 70

Cont..

Madhyam Avastha of Sushrut

- 1. Vridddhi – 16-20**
- 2. Yauvan – 21-30**
- 3. Sampoornata – 31-40**
- 4. Haani – 41-70**

Cont..

Acharya Charak-

‘तद्वयो यथा स्थूलभेदेन त्रिविधं-बालं, मध्यं, जीर्णमिति ।

तत्र बालपरिपक्वधातुमजातव्यञ्जनं

सुकुमारमक्लेशसहमसम्पूर्णबलं श्लेष्मधातुप्रायमाषोडशवर्षम् । (च.वि. 8/122)

- BAALYA – 1 – 30 years
 - ✓ Upto 16 years - Ajaatvyanjanam
 - ✓ 16-30 years – Vivardhman avastha
- MADHYAMA - 30-60
- JEERNA – more than 60

Cont..

Harit Samhita-

पञ्चवर्षा स्मृता बाला मुग्धा च षट्समाविधम् ।

द्वादशाब्दं स्मृता बाला मुग्धा स्यात्सप्तमावधिम् ॥(हा. सं. प्रथम स्थान 5/13)

5 years = Bala (बाला)

(Next 6 years) (षट्समाधिकम्) 5-11 years = Mugdha (मुग्धा)

11-12 years = Bala (बाला)

(Next 7 years) 12-19 years = Mugdha (मुग्धा)

Cont..

त्रिविधः कथितो बालः क्षीरान्नोभयवर्तनः । A.H.U. 2/1

वयसत्वाषोडशाद् बालं तत्र धात्विन्द्रियौजसाम् वृद्धिरासप्ततेर्मध्यं तत्रावृद्धिः परं क्षयः ॥

A.H.Sa.3/105

- BALYA - upto 16 years
 - Ksheeravarthanam
 - Annavarthanam
 - Ubhaya varthanam
- MADHYAMA – 17-60
- KSHAYA – more than 60

Cont..

Parashar smruti-

अष्टवर्षा भवेद् गौरी नववर्षा तु रोहिणी । दशवर्षा भवेत् कन्या अत ऊर्ध्वं रजस्वला॥
(पराशर स्मृति 7/6)

This classification is applicable only for female baby

Till 8 years - Gouri (गौरी)

Till 9 years - Rohini (रोहिणी)

Till 10 years - Kanya (कन्या)

After 10 years - Rajaswala (रजस्वला)

Cont..

Amarkosh-

अपञ्चवर्षाद् बाल्यं स्यात्पौगण्डं नववर्षतः । आषोडशाच्च कैशोरं यौवनं च ततः परम् ॥

(अमरकोश)

This classification is applicable only for male baby.

Before 5 years - Bala (बाल)

Upto 9 years - Pauganda (पौगण्ड)

Upto 16 years - Kishoravastha (किशोरावस्था)

After 16 years – Yauvan

Cont..

कौमारं पञ्चशब्दान्तं, पौगण्डं दशमावधि । कैशोरमापञ्चदशात्, यौवनञ्च ततः परम् ।

(शब्दकल्पद्रुम)

5 years- Kaumara (कौमार)

10 years- Pauganda (पौगण्ड)

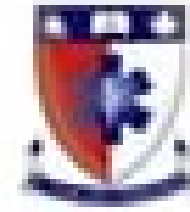
15 years - Kishora (किशोर)

after 15 years- Yauvan

Classification of age in modern pediatrics

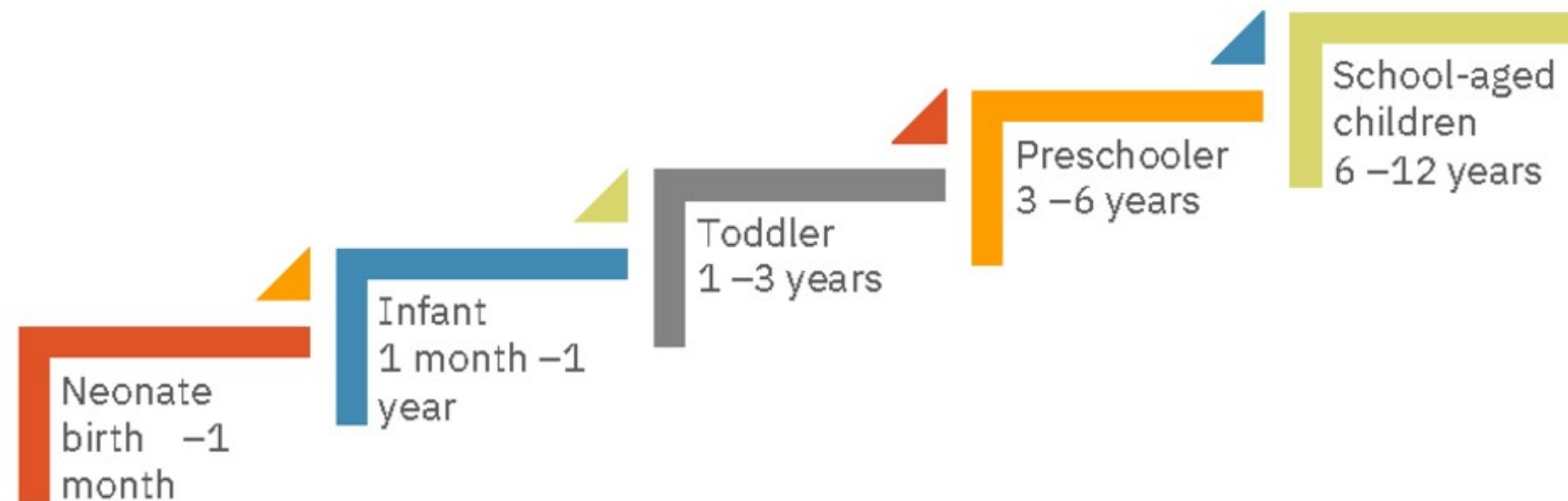
0-14 days	Zygote	
14 days to 9 weeks	Embryo	
9 weeks to 9 month	Fetus	
First month after birth	Neonate	
First year after birth	Infant	
1-3 years	Toddler	
3-6 years	Pre school	
6-10 years (girls) 6-12 years (boys)	School	
10-12 years (girls) 12-14 years (boys)	Pre pubescent	Adolescent age
12-14 years (girls) 14-16 years (boys)	Pubescent	
14 -18 years (girls) 16-18 years (boys)	Post pubescent	

[Pediatric Age Classifications



■ Newborn	First few hours of life
■ Neonate	First 28 days of life
■ Infant	Up to 1 year of age
■ Toddler	1 to 3 years of age
■ Preschooler	3 to 5 years of age
■ School age	6 to 12 years of age
■ Adolescent	The period between the end of childhood (beginning of puberty) and adulthood (18 years of age)

Age Classifications of Pediatric Patients



Thank
You

The image features a vibrant and celebratory graphic. The words "Thank You" are the central focus, rendered in large, bold, 3D-style letters. Each letter is uniquely decorated: 'T' is pink with small white stars; 'h' is yellow with purple squares; 'a' is teal with yellow and green horizontal stripes; 'n' is red with yellow stars; 'k' is blue with yellow and red polka dots; 'Y' is orange with blue and green squares; 'o' is green with yellow and blue vertical stripes; and 'u' is purple with yellow and blue vertical stripes. The text is set against a white background with a faint gray grid. Surrounding the text are various festive elements: a pink starburst flower above the 'k', a pink star to its right, a yellow swirl above the 'h', a green thumbs-up hand to the right of the 'n', a yellow starburst flower below the 'k', a pink wavy line below the 'u', a yellow starburst flower below the 'u', a yellow star inside the 'o', a green flower to the left of the 'Y', a purple star to the left of the 'Y', a pink heart below the 'Y', and a yellow star below the 'o'. On the far left, there is a blue and black geometric design element consisting of several parallel lines forming a corner-like shape.